Bringing tribal cancer plans to life

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Northwest Tribal Comprehensive Cancer Program
October 24, 2014
International Cancer Education Annual Meeting

Objectives

You should be able to:

• Describe a process for tribal cancer plan implementation
• Understand tribal communities diverse interests in cancer
Take Away Message

Multiple approaches to Tribal Cancer Plan Implementation

• Prevention
  • Audience: Youth, Elders, Men, Women, family
  • Focus: Nutrition, Physical Activity, Tobacco, Sun

• Screening
  • Breast and Cervical
    • Women’s Health Day - Mobile Mammography, PCP Scheduling
  • Colorectal
    • Community Events - “Kiki” inflatable colon, Health Education, Clinical Outreach

• Survivorship
  • Cancer Survivor recognition - Walks, Powwow, support groups

NPAIHB Member Tribes

Northwest Portland Area Indian Health Board
Timeline – Tribal Cancer Plan Implementation Application key dates

- Fall/Winter Request for Applications disseminated
- Rolling deadline: application upon receipt
- April Final Deadline
- June 30: Project, Fiscal Year completion, evaluation, and report

Staff/Programs Implementing

Individuals:
- NPAIHB Delegates, Health Directors, Social Workers, Nurses, Community Health Representatives, Cancer Survivors
- Tribal Health Programs
- Community Health, Maternal Child Health, Tobacco, Colorectal Cancer, Navigators, Traditional Foods, Behavioral Health, Community Transformation Grantees

Partners
- Coalition members, Tribal Council, Casino, Tribal Enterprise, Komen, ACS, USDA, Breast and Cervical Cancer Program, Local University, Local Cancer Center,
Tribal Action Plan Implementation
Activities

- Pap-a-thon
- Pink Paddle Project
- Aerobics Video
- Pink Shawl Powwow
- Mother daughter tea/lunch
- Golf tournament
- Cancer awareness day
- Cancer 101
- Great American Smoke out
- Men’s Health Day
- Relay on the Rez
- Community Bicycling Initiative
- Youth traditional game summit
- Cooking classes/healthy eating
- Community garden programs
- Just Move It
- Tribal cancer coalition
- Women and Wellness
- Lifestyle Intervention Classes
- Breast Cancer Awareness Bingo
- Colorectal Cancer Poker Walk

Cancer Prevention Case Study: Men’s Health

Objective: Cancer Prevention through Physical Activity and Health Education

Activity: Men’s Golfing event
- Health Educators at each hole (Colon, Prostate, Testicular, Tobacco, Diabetes, Nutrition, and Cancer Treatment Resources)
- Lunchtime presentation from Cancer Survivor
- Initiated 2008 to Current 2014 (32 men participants)

Outcomes: Collaboration with Tobacco Program and clinic to increase tobacco cessation (600% increase year over year 2013-2014)
Cancer Prevention Case Study: Men’s Health

Objective: Increase Understanding of Cancer Prevention

Activity: Men’s Wellness Day
• Health Educators
• Welcoming from Tribal Chairman
• Presentations from RD, FNP, Chemical Dependency, Police, and Fitness

Outcomes: 99% of participants agreed that a reduction in sweetened beverages improve their health
• 10 men joined the Tribal Cancer Coalition

Cancer Survivorship Case Study: Breast Cancer Support Group

Objective: Increase education and psychosocial support for Cancer Survivors

Activity: Monthly Breast Cancer Support Group
• Social Worker & Nurse Manager Organized
• Discussion and education presentation during dinner
• Presentations from clinical staff and local cancer center

Outcomes: Increased participation from breast cancer survivors and clinic staff engagement in an all cancer support group
Summary

Tribal Cancer Action Plan Implementation

• Need funding and staffing support
• Develop over time and have unexpeOutcomes

Implementation

• Specific to given tribal community
• Community Champions

We have to start now to prepare for the future

Success

• Community owned
• Tribally planned, implemented, evaluated, and hosted
• Community empowerment, education, ownership, and culture
Contact Information

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