Covering All the Bases: Resource Bibliographies for Patients and Families

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Conflicts of Interest

The presenters have identified no conflicts of interest.

Learning Objectives

• Objective 1: The participant shall be able to access a variety of patient education resources pertaining to integrative medicine; end of life and grief; and talking to children about cancer.

• Objective 2: The participant will be able to develop a learning resource center collection pertaining to integrative medicine; end of life and grief; and talking to children about cancer.
Background and Purpose

• The Learning Resource Centers (LRC) Committee of CPEN identified the need for bibliographies of reliable patient education materials in the clinical and hospital setting.

• Topic areas of current bibliographies include:
  – Integrative Medicine
  – End of Life and Grief
  – Talking to Children about Cancer

Review of Literature

• Younger cancer survivors are more likely to seek information about and use integrative medicine after treatment (Bennett, Cameron, Whitehead & Porter, 2009).

• Caregivers report a lack of practical support in informal home care at the end of life (Bee, Barnes & Luker, 2009).

• Studies indicate that close to 3 million children live with a parent who is facing a cancer diagnosis with about 562,000 with a parent in the early phases of treatment (Weaver, Rowland, Alfano & McNeel, 2010).
Method

- LRC Committee members brainstormed and identified one topic in 2013 (Integrative Medicine) and two topics in 2014 (End of Life and Grief and Talking to Children about Cancer).

- Committee members submitted resources used in their resource center to be compiled by a librarian or nurse educator.

- Once resources were compiled, committee members identified an organizational system within each topic most accessible to oncology practice.

- Generally, materials are less than six years old, unless a genre standard. For example Kubler-Ross’s On Death and Dying.

Description and Availability of Bibliographies

- Bibliographies are available on the internal CPEN website to active members.

- Each bibliography is organized by medium: books, pamphlets, periodicals, websites, etc.

- Each item is listed by title with appropriate information such as author and publication date so the reader can locate easily for purchase. Description of content (form editor’s review, book jacket or vendor) and price are given when practical.
### Integrative Medicine

- National Institute of Health definitions of CAM and IM.
- Categories are NCI classifications. Multiple topics listed as reference materials.
- Books followed by periodicals, DVDs, CDs and websites.

I. Complementary and Alternative Medicine & Integrative Medicine-Reference Materials

II. Mind-Body Medicines (Medication, Biofeedback, Hypnosis, Yoga, Imagery, Creative Outlets-Art, Music, Dance)

III. Biologically Based Practices (Vitamins, Herbs, Herbal Supplements, Foods, Special Diets, Dietary Supplements)

IV. Manipulative and Body-Based Practices (Massage, Chiropractic care, Reflexology)

V. Energy Medicine (Tai Chi, Reiki, Therapeutic touch)

VI. Whole Medical Systems (Ayurvedic medicine, Chinese medicine, Acupuncture, Homeopathy, Naturopathic medicine)

### End-Of-Life

- Alphabetized list with quick topic reference: Caregiving, Children, End-of-Life (includes Hospice and Palliative Care), Grief, Inspiration and Reference.
- Books: Title, Author, Description, Publication Date, ISBN, Price and Topic
- Pamphlets: Title, Author, Description, Publication Date and Price
- Video/DVD: Title, Author or Publisher, Description, Publication Date, Format and Price
- Website: Name and URL
Talking to Children About Cancer
Recommended Resources for Learning Resource Centres

- General Age Level:
  1. Parents and other adults
  2. Teens
  3. Older children
  4. Younger children

- Books (listed by general age level): Title, Author, Description, Age Level and Publication Date
- Activity books: Title, Author, Description, Age Level (for ages 3 and 4) and Publication Date
- Pamphlets: Title, Publisher, Description and Publication Date
- Websites: URL and Description

Going Forward

- Plan to maintain topics with updates every two years.
- Input for topics to develop additional bibliographies.
- Changes to make the information more useful.
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• Integrative Medicine:
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  - Holly D’Addurmo, Duke Cancer Institute
  - Jeremy Hsiang, Duke University ’15
  - Janine Kokal, Mayo Clinic
  - Leah Scaramuzzo, Cancer Institute of NJ
  - Jila Tanha, MD Anderson
  - Lynda Tunon, University of Pittsburgh

• Talking to Children about Cancer:
  - Jessica Begley, Maine Health
  - Holly D’Addurmo, Duke Cancer Institute
  - Jessica Holmes, Cancer Centre of Southeastern Ontario
  - Ellen Justice, Christiana Care Health System
  - Amy Schroer, University of Michigan

• End of Life and Grief:
  - Jessica Begley, Maine Health
  - Holly D’Addurmo, Duke Cancer Institute
  - Jessica Holmes, Cancer Centre of Southeastern Ontario
  - Jeremy Hsiang, Duke University ’15
  - Ellen Justice, Christiana Care Health System
  - Massey Nematollahi, Southlake Regional
  - Amy Schroer, University of Michigan
  - Jila Tanha, MD Anderson
## References

